

PSHE Long Term Plan EYFS-Y6

PSHE	Term 1 Me and my Relationships	Term 2 Valuing Difference	Term 3 Keeping Safe	Term 4 Rights and Respect	Term 5 Being my Best	Term 6 Growing and Changing
EYFS	<ol style="list-style-type: none"> All about me What makes me special Me and my special people Who can help me? My feelings My feelings (2) 	<ol style="list-style-type: none"> I'm special, you're special Same and different Same and different families Same and different homes Kind and caring (1) Kind and caring (2) 	<ol style="list-style-type: none"> What's safe to go onto my body Keeping myself safe - what's safe to go into my body (including medicines) Safe indoors and outdoors Listening to my feelings (1) Keeping safe online People who help to keep me safe 	<ol style="list-style-type: none"> Looking after my special people Looking after my friends Being helpful at home and caring for our classroom Caring for our world Looking after money (1): recognising, spending, using Looking after money (2): saving money and keeping it safe 	<ol style="list-style-type: none"> Bouncing back when things go wrong Yes, I can! Healthy eating (1) My healthy mind Move your body A good night's sleep 	<ol style="list-style-type: none"> Seasons Life stages - plants, animals, humans Life stages – Who will I be? Where do babies come from? Getting bigger Me and my body – girls and boys
KS1 Year A (Class 1)	<ol style="list-style-type: none"> Why we have classroom rules How are you listening? Thinking about feelings Our feelings Feelings and bodies Good friends 	<ol style="list-style-type: none"> Same or different? Unkind, tease or bully? Harold's school rules It's not fair! Who are our special people? Our special people balloons 	<ol style="list-style-type: none"> Super sleep Who can help? (1) Good or bad touches? Sharing pictures What could Harold do? Harold loses Geoffrey 	<ol style="list-style-type: none"> Harold has a bad day Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid 	<ol style="list-style-type: none"> I can eat a rainbow Eat well Harold's was up and brush up Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise! 	<ol style="list-style-type: none"> Healthy me Then and now Taking care of a baby Who can help? (2) Surprises and secrets Keeping privates private
KS1 Year B (Class 2)	<ol style="list-style-type: none"> Our ideal classroom (1) How are you feeling today? Let's all be happy 	<ol style="list-style-type: none"> What makes us who we are? My special people How do we make others feel? 	<ol style="list-style-type: none"> Harold's picnic How safe would you feel? What should Harold say? 	<ol style="list-style-type: none"> Getting on with others When I feel like erupting Feeling safe Playing games 	<ol style="list-style-type: none"> You can do it! My day Harold's postcard - helping us to keep clean and healthy 	<ol style="list-style-type: none"> A helping hand Sam moves house Haven't you grown? My body, your body Respecting privacy

	<ol style="list-style-type: none"> 4. Being a good friend 5. Types of bullying 6. Don't do that! 	<ol style="list-style-type: none"> 4. When someone is feeling left out 5. An act of kindness 6. Solve the problem 	<ol style="list-style-type: none"> 4. I don't like that! 5. Fun or not? 6. Should I tell? 	<ol style="list-style-type: none"> 5. Harold saves for something special 6. How can we look after our environment? 	<ol style="list-style-type: none"> 4. Harold's bathroom 5. What does my body do? 6. Basic first aid 	<ol style="list-style-type: none"> 6. Some secrets should never be kept
LKS2 Year A (Class 3)	<ol style="list-style-type: none"> 1. As a rule 2. Looking after our special people 3. How can we solve this problem? 4. Friends are special 5. 'Thunks' 6. Dan's dare 	<ol style="list-style-type: none"> 1. Respect and challenge 2. Family and friends 3. My community 4. Our friends and neighbours 5. Let's celebrate our differences 6. Zeb 	<ol style="list-style-type: none"> 1. Safe or unsafe? 2. Danger or risk? 3. The Risk Robot 4. Super Searcher 5. Help or harm? 6. Alcohol and cigarettes: the facts 	<ol style="list-style-type: none"> 1. Helping each other to stay safe 2. Recount task 3. Our helpful volunteers 4. Can Harold afford it? 5. Earning money 6. Harold's environment project 	<ol style="list-style-type: none"> 1. Derek cooks dinner! 2. Poorly Harold 3. Body team work 4. For or against? 5. I am fantastic! 6. Top talents 	<ol style="list-style-type: none"> 1. Relationship Tree 2. Body space 3. None of your business! 4. Secret or surprise 5. My changing body 6. Basic first aid
LKS2 Year B (Class 4/5)	<ol style="list-style-type: none"> 1. Human machines 2. Ok or not ok? (1) 3. Ok or not ok? (2) 4. An email from Harold! 5. Different feelings 6. Under pressure 	<ol style="list-style-type: none"> 1. Can you sort it? 2. What would I do? 3. The people we share our world with 4. That is such a stereotype! 5. Friend or acquaintance? 6. Islands 	<ol style="list-style-type: none"> 1. Danger, risk or hazard? 2. How dare you! 3. Keeping ourselves safe 4. Raisin Challenge (2) 5. Picture Wise 6. Medicines: check the label 	<ol style="list-style-type: none"> 1. Who helps us stay healthy and safe? 2. It's your right 3. How do we make a difference? 4. In the news! 5. Safety in numbers 6. Why pay taxes? 	<ol style="list-style-type: none"> 1. What makes me ME! 2. Making choices 3. SCARF hotel 4. Harold's Seven Rs 5. My school community (1) 6. Basic first aid 	<ol style="list-style-type: none"> 1. Moving house 2. My feelings are all over the place! 3. All change! 4. Preparing for changes at puberty 5. Secret or surprise? 6. Together
UKS2 Year A	<ol style="list-style-type: none"> 1. Collaboration Challenge! 2. Give and take 3. How good a friend are you? 4. Relationship cake recipe 5. Our emotional needs 6. Being assertive 	<ol style="list-style-type: none"> 1. Qualities of friendship 2. Kind conversations 3. Happy being me 4. The land of the Red People 5. Is it true? 6. Stop, start stereotypes 	<ol style="list-style-type: none"> 1. Spot bullying 2. Play, Like, Share 3. Decision dilemmas 4. Ella's diary dilemma 5. Vaping: healthy or unhealthy? 6. Would you risk it? 	<ol style="list-style-type: none"> 1. What's the story? 2. Fact or opinion? 3. Mo makes a difference 4. Rights, respect and duties 5. Spending wisely 6. Lend us a fiver! 	<ol style="list-style-type: none"> 1. It all adds up! 2. Different skills 3. My school community (2) 4. Independence and responsibility 5. Star qualities 6. Basic first aid, including Sepsis Awareness 	<ol style="list-style-type: none"> 1. How are they feeling? 2. Taking notice of our feelings 3. Dear Ash 4. Growing up and changing bodies 5. Changing bodies and feelings 6. Help, I'm a teenager...get me out of here!
UKS2 Year B (Class 5/6)	<ol style="list-style-type: none"> 1. Working together 2. Solve the friendship problem 3. Behave yourself 4. Assertiveness Skills 	<ol style="list-style-type: none"> 1. Ok to be different 2. We have more in common than not 3. Respecting differences 	<ol style="list-style-type: none"> 1. Think before you click! 2. To share or not to share? 3. Rat Park 	<ol style="list-style-type: none"> 1. Two sides to every story 2. 'Fakebook' Friends 3. What's it worth? 4. Happy shoppers 	<ol style="list-style-type: none"> 1. This will be your life! 2. Our recommendations 3. What's the risk? (1) 4. What's the risk? (2) 	<ol style="list-style-type: none"> 1. I look great! 2. Media manipulation 3. Pressure online 4. Helpful or unhelpful? Managing change 5. Is this normal?

	<ul style="list-style-type: none"> 5. Don't force me 6. Acting appropriately 	<ul style="list-style-type: none"> 4. Tolerance and respect for others 5. Advertising friendships! 6. Boys will be boys? Challenging gender stereotypes 	<ul style="list-style-type: none"> 4. What sort of drug is...? 5. Drugs: it's the law! 6. Alcohol: what is normal? 	<ul style="list-style-type: none"> 5. Democracy in Britain 1 <ul style="list-style-type: none"> - Elections 6. Democracy in Britain 2 <ul style="list-style-type: none"> - How (most) laws are made 	<ul style="list-style-type: none"> 5. Basic first aid 6. Five Ways to Wellbeing project 	<ul style="list-style-type: none"> 6. Making babies
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