

Physical Education at The British School

Physical Education holds a prominent place within our curriculum at The British School. Our teachers are enthusiastic about delivering high-quality PE and are committed to fostering interest, enjoyment and confidence in all pupils. Every child is encouraged and supported to achieve their full potential.

We are fortunate to have excellent facilities that enhance our PE provision, including a large school field, an Astro pitch and a spacious school hall. These are complemented by a wide range of regularly checked and updated resources and equipment.

At The British School, Atlas Sports coaches deliver one hour of PE to all pupils each week, supported by school staff. Class teachers then provide a second weekly hour of PE. To ensure high-quality teaching, all staff receive ongoing CPD.

Our Yearly Overview clearly maps out the PE taught across the year. Medium-term planning identifies the specific skills and key vocabulary for each year group. Teachers use these documents, alongside a high-quality scheme of work, to support effective planning and progression.

All children in Key Stage 2 receive swimming lessons during Term 5. Pupils are taught to swim competently, confidently and proficiently over a distance of at least 25 metres; to use a range of strokes effectively; and to perform safe self-rescue in different water-based situations. Year 6 pupils who have not yet met the minimum curriculum expectations are offered additional 'catch-up' lessons in Term 6.

Our school also provides a wide range of extra-curricular sporting opportunities. We offer an extensive variety of year-round clubs and activities and actively encourage pupils to participate.

At The British School, we are committed to promoting a healthy interest in competition and developing good sportsmanship. Pupils enjoy taking part in a wide range of intra- and inter-school competitions, tournaments and festivals. Our sports teams have achieved many successes in recent years and we celebrate these achievements in class, during assemblies and through our school newsletters.

In summary, PE is a valued and vibrant part of our curriculum. We strive to maximise pupils' opportunities for success, while fostering a lifelong enjoyment of sport, physical activity and healthy living.